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# Office of Postdoctoral Affairs

**November 2016**

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**Events:**

**Postdoc Coffee Hour (Continuous)**

These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like for some refreshments and snacks.

**Morningside Campus**

**Dates:** 10/6, 10/20, 11/3, 11/17, 12/1, 12/15, 12/29

**Time:** 3:30pm—4:30PM

**Location:** Provided in weekly emails

**CUMC Campus**

**Dates:** 9/15, 9/29, 10/13, 10/27, 11/10, 11/24, 12/8, 12/22, 1/5

**Time:** 3:30-4:30PM

**Location:** Provided in weekly emails

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**New Postdoc Orientation**

In an effort to acclimate new postdocs to Columbia University, we would like to offer a first look at the benefits, resources, and services available to Postdocs University-wide and through the Office of Postdoctoral Affairs. Please note that this orientation is not the same as the benefits orientation offered by HR, and covers a wide-range of topics, including research related resources, postdoc-specific career and professional development programming, as well as community building efforts. Postdocs that have been at Columbia for less than 6 months are the target audience for the orientations, but any postdoc will find these sessions helpful.

*If you know a new postdoc here, please share this information with them, as they might not yet be on the postdoc mailing list.*

**CUMC Campus**

**Date:** Friday, September 23

**Time:** 4:30pm—5:30PM

**Location:** Hammer 305

**RSVP Here**

**Morningside Campus**

**Date:** December 16, 2016

**Time:** 2:30pm—3:30PM

**Location:** Fairchild 700

**RSVP Here**

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**Data, Publishing, and Industry Partnerships Series**

A successful Postdoc period hinges on many factors, some that are often overlooked. The obvious is publishing one's research in a high impact journal. Throughout the series we will use the theme of publishing one's research to delve into topics related to conducting research with integrity. This series will begin in August with a focus on data collection and management, from rigor and reproducibility policies to safeguarding your data. Your findings may have been a collaboration involving industry partners and require intellectual property protection which are addressed in the September sessions. In October, we will focus on polishing your publication preparation from navigating authorship, to figure formatting and identity branding. The series will run from the
months of August through October 2016 occurring from 12-1 PM on Thursdays (2 or 3 sessions each month) at CUMC. A free lunch will be provided at each session.

**Series Organizers**
The series is a collaborative effort between:
Rory Flinn, Director of the Office of Postdoctoral Affairs
Ericka Peterson, Assistant Director of the Office of Postdoctoral Affairs
Michelle Benson, Assistant Director in the Office of Research Compliance and Training
Amy Nurnberger, Research Data Manager in the Center for Digital Research and Scholarship
Joel Roselin, Assistant Director of Research Compliance Education in the Office of Research Compliance and Training

**Topic 2: Navigating Intellectual Property and Industry Relationships**
*Session 2: September 29th*
This session is a combined effort from Columbia Technology Ventures (CTV) and the Office of Research Compliance and Training. Topics will include University technology transfer, IP licensing, University startups (Campus and NYC entrepreneurship ecosystem), Columbia products and startups, and conflict of interest basics for postdocs. This session will be led by Satish Rao PhD, Associate Director CTV, Michael Klein JD, Director of Research Compliance and Michelle Benson PhD, Assistant Director for Research Integrity and Compliance

**CUMC**
**Date:** Thursday, September 29th  
**Time:** 1:00-2:00 PM – free lunch provided at 12:50PM!  
**Location:** Hammer Health Sciences Building, room LL103

Register Here

**Topic 3: Publishing Basics: Authorship, Figure Formatting, and Branding**
*Descriptions of the sessions for this part of the series will be disseminated in the next digest, October 6th, 20th, and 27th*

*Session 1: Mentoring and Authorship: Getting the most of your postdoc experience*
For many, the measure of a positive postdoc experience is publication. Authorship credit is an important recognition of your professional contribution. And an important factor that can help lead to publication is finding and working successfully with mentors. In this session, we will discuss developing positive mentoring relationships, working successfully with mentors, and the basics of authorship.
“A mentor is someone who sees more talent and ability within you than you see in yourself, and helps bring it out of you.” The workshop will be presented by Joel Roselin, Assistant Director of Research Compliance Education, who has been both a mentee and a mentor.

**CUMC**
**Date:** Thursday, October 6th  
**Time:** 12:00-1:00 PM – free lunch provided at 11:50PM!  
**Location:** Hammer Health Sciences Building, room LL103

Register Here

*Session 2: Formatting, Images and Data for Publication*
This session will detail how to acquire, process, and present digital images in accordance with scientific and publishing standards. This workshop will be led by Theresa Swayne PhD, Manager, Confocal and Specialized Microscopy Facility.

**CUMC**
**Date:** Thursday, October 20th  
**Time:** 12:30-1:30 PM – free lunch provided at 12:20PM!
Office of Postdoctoral Affairs

Location: Hammer Health Sciences Building, room 312
Register Here

Session 3: Copyright and Digital Branding
“Your research, your copyright, your impact” a talk on retaining your copyright and extending the impact of your research, plus resources that are available for you.
This workshop will be led by Amy Nurnberger, Research Data Manager, and Kathryn Pope, Head Scholarly Communication Program, both at the Center for Digital Research and Scholarship (CDRS).
Date: Thursday, October 27th
Time: 12:00-1:00 PM – free lunch provided at 11:50 PM!
Location: Hammer Health Sciences Building, room LL203
Register Here

Career Advancement Workshop Series

These workshops led by Rory Flinn, Director of the Office of Postdoctoral Affairs and/or Ericka Peterson, Assistant Director of Postdoctoral Affairs, will provide guidance, resources, and advice on CVs, resumes, cover letters, academic and non-academic interviewing, networking, job search and career management. These interactive workshops will occur monthly on a rotation, with one session of workshops being held on either the Morningside or Medical campuses, with some workshops occurring on both. Participants will walk away from these workshops with a better sense of how to manage their career, network, prepare materials for job applications, and interview for positions. Workshops for the Fall of 2016 include:

- Academic Job Search Boot Camp Part I – September 9th and 12th
- Targeted Resume Workshop – October 19th
- Non-Academic Interviewing Workshop – November 16th
- LinkedIn/Networking Workshop—December 7th
- Academic Job Search Boot Camp Part II – November 2nd and 3rd

Academic Job Search Boot Camp Part I

The Academic job market is extremely competitive with hundreds of applicants vying for single faculty position openings in many fields. Search committees are tasked with reviewing multitudes of applications and only advancing to the interview stage a short list of candidates. Short listed candidates not only have exceptional academic credentials, they also have stellar looking application materials that effectively communicate the prowess of the applicant. Postdocs advancing to the interview stage for academic positions will need to masterfully navigate job talks, chalk/proposal talks, teaching demonstrations, and interviews with faculty members in order to receive an offer. Applying and interviewing for faculty positions is not only a grueling process, but is also often an unfamiliar process for postdocs.

With this in mind, OPA has organized a two part academic job search boot camp this fall to aide postdocs as they assemble their application materials and prepare for interviews. Part 1 of the boot camp will take place in early September and will focus on faculty application materials. Part 2 of the boot camp will take place in early November and will focus on faculty interviews. Registration for the second part of the boot camp will take place in October.
Targeted Resume Workshop

A session in the Career Advancement Series, this 90 minute resume workshop will be led by Ericka Peterson, Assistant Director of the Office of Postdoctoral Affairs. It will provide an overview of best practices in the development of a targeted resume. The interactive workshop will cover the differences between a resume and a CV, when a resume should be utilized, effective structuring of a resume, and considerations on style and formatting. Examples of resumes will be discussed and critiqued. Participants will walk away from the workshop with the tools to develop their own targeted resume.

CUMC Campus
Date: October 19, 2016
Time: 12:00-1:30PM *Lunch will be provided at 11:50AM
Location: Hammer LL205
Register Here

Academic Job Search Boot Camp Part II

The Academic Job Search Boot Camp part II will provide an overview on faculty interviews. Part I of the boot camp occurred in early September and focused on applying to faculty position openings. The Academic Job Search Boot Camp will begin with a 60 minute overview of the different styles/types of academic interviews, the general questions commonly asked during academic interviews, as well as tips on preparing for the interview. This will be followed by either a 90 minute session on chalk talks (Medical campus session) or teaching demonstrations (Morningside campus session). The chalk talk session will feature 3 Faculty members from the medical campus who will provide an overview to demystify chalk talks and provide advice based on their own experiences. There will be plenty of time for questions from the audience.

The teaching demonstration session will be conducted in collaboration with a Center for Teaching and Learning Fellow and will provide an overview of teaching demonstrations as well as small group teaching demonstration practice sessions with peer and facilitator feedback.
Office of Postdoctoral Affairs

Postdocs are welcome to attend either or both sessions (Medical and Morningside sessions) – please note that the first 60 minutes of each session will be identical.

**Morningside Campus** *(Interview overview + Teaching demonstration session)*
**Date:** Wednesday, November 2, 2016  
**Time:** 12:00-2:30PM  
**Location:** Fairchild 700  
[Register Here](#)

**CUMC Campus** *(Interview overview + Chalk Talk session)*  
**Date:** Thursday, November 3, 2016  
**Time:** 11:30-2:00PM  
**Location:** Hammer Room 312  
[Register Here](#)

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**Industry Interviewing Workshop**

This 90 minute interactive workshop led by Ericka Peterson, Assistant Director of the Office of Postdoctoral Affairs, will provide an overview of best practices in terms of interviewing for Industry positions. The workshop will specifically cover the different formats of interviews for non-academic positions, the types of questions posed during interviews, as well as interviewing etiquette and strategies. Participants will also have an opportunity to work on their interviewing skills during the workshop. Pizza will be provided at 11:20AM.

**Morningside Campus**  
**Date:** November, 16 2016  
**Time:** 11:30AM-1:00PM *Pizza will be provided at 1:00 PM*  
**Location:** Hammer Room 312  
[Register Here](#)

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**LinkedIn/Networking Workshop**

Networking is critical for any professional, and is the route by which the vast majority of jobs are obtained. Networking may seem uncomfortable and people may feel that merit alone should win them a future position. Others may feel that networking is something to do only when one is on the job market.

This workshop, as part of the Career Advancement Series, will be led by Ericka Peterson, the Assistant Director of the Office of Postdoctoral Affairs. It will address why networking is critical, go over ways of making networking more palatable, and discuss why networking should be done throughout one's professional life. Beyond covering basic networking strategies, the workshop will extensively delve into how to utilize LinkedIn to explore careers and aide in building one's professional network. In this hands-on workshop, participants will be asked to work on their own LinkedIn profiles during the workshop and explore some of the tools discussed.
Office of Postdoctoral Affairs

Participants will need to bring their own laptops for this session. Pizza will be provided at 11:50AM.

**Morningside Campus**
Date: December 7, 2016
Time: 12:00-1:30PM  *Lunch will be provided at 11:50AM
Location: Fairchild 700
Register Here

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**Individual Development Plan (IDP) Program**

Creating and following an Individual Development Plan (IDP) is critical for trainees in order to advance their careers, whether in Academia or beyond. The Columbia University Individual Development Plan (IDP) program will assist PhD students and postdoctoral researchers develop IDPs and provide guidance on important career management and advancement strategies. The IDP program at Columbia University has been designed for PhD students in the third and fourth year of training and postdoctoral researchers in the first two years of training. However, trainees outside of these time periods in their training are more than welcome to participate in the program. The IDP program is mainly applicable to trainees in science, technology, mathematics, and engineering (STEM) fields. NIH funded trainees should be aware that the NIH now requires PIs to report on whether their mentored PhD students and postdocs have developed an IDP as well as information about any University programs they have participated in to help them develop an IDP. Participating in the Columbia University IDP program will meet this NIH requirement.

The 2016 program will commence with a three-part seminar series on IDPs:

- **September 14th and 15th, 2016:** This seminar led by Rory Flinn, Director of the Office of Postdoctoral Affairs at Columbia University, will address the importance of career management, how to conduct a self-assessment, the significance of an IDP, best practices for developing an IDP, Goal setting, and how to discuss an IDP with a mentor.
- **September 21st, 2016:** This seminar led by Dave Jensen, Founder and Managing Director for CTI Executive Search and writer for "Tooling Up" column for the journal Science, will cover differences between academia and industry, networking, informational interviews, and strategies for an effective job search.
- **September 30th and October 1st:** This seminar led by Victoria Blodgett, Assistant Dean, Graduate and Postdoctoral Affairs at University of Connecticut, will cover transferable skills, career exploration, career options for PhDs, and personal branding.

Program participants will provide elements of their IDPs to their Graduate School or the Office of Postdoctoral Affairs to ensure compliance, and are strongly encouraged to share portions of their IDPs with their faculty mentors. Following the IDP seminar series, a monthly career panel and networking reception will allow trainees to learn about a variety of career opportunities both within and beyond academia. For more information about the Columbia University IDP program, including registration details, please visit: [https://www2.gsas.columbia.edu/idp/](https://www2.gsas.columbia.edu/idp/)
ELabNYC Info Sessions

Thinking of starting your own bio or health tech company?

ELabNYC offers entrepreneurs the chance to evolve their technology into a viable company.

Entrepreneurship Lab NYC (ELabNYC) is looking for interested research scientists, doctors and engineers for upcoming 2017 cohort. Postdocs, graduate students, PIs, and MDs are all eligible. Learn more at one of the upcoming information sessions and chat with previous ELabNYC start-up participants. There will be opportunities for questions from the audience as well as one-on-one conversations after the presentation.

ELabNYC is an Entrepreneur Program that equips emergent bio and health technology Entrepreneurs to evolve their science or technology into a viable company. ELabNYC incorporates an intensive and practical curriculum, hands-on one-on-one coaching, mentoring with experienced entrepreneurs, and meaningful access to industry experts, entrepreneurs, and investors. Participants learn what it takes to run a business and write a business plan, and get access to exceptional resources to address critical topics and issues specific to their venture.

Participants in ELabNYC emerge from the program fully prepared to engage with potential customers, partners, and investors. NYC is well poised as an ideal home for new life science ventures.

Assistance completing the 2016 ELabNYC applications can be found at webinars and workshops or by contacting the ELabNYC team at info@elabnyc.com.

CUMC Campus
Date: September 13, 2016
Time: 4:00pm
Location: Hammer LL205
Register Here

Morningside Campus
Date: September 14, 2016
Time: 4:00pm
Location: Lerner Hall, Room 569
Register Here

Science Discovery Program Info Session

Columbia University’s Science Discovery Program is a collaborative outreach effort to extend science learning opportunities to high school students in the Double Discovery Center’s program. It aims to deepen Columbia University’s ties to the surrounding community and to expand the reach of science education to students who would otherwise not have those opportunities. Instructors are scientists and mathematicians who are actively engaged in research at the University and who are interested in being modestly compensated while gaining teaching experience. Columbia Postdocs will teach 2-4 courses to 9th and 10th grade students who are members of Double Discovery’s Upward Bound and
Office of Postdoctoral Affairs

Talent Search Programs on Saturday mornings during the academic school year. The emphasis of the courses will be the foundational aspects of your work while engaging in current scientific inquiry and research.

An evaluation of student performance, instructor recruitment/retention will be conducted to determine feasibility for expansion at the end of the year.

Courses will be in the physical, chemical, and biological sciences. Instructors are scientists and mathematicians who are actively engaged in research at the University. Courses will include exposure to current problems and areas of inquiry in the sciences that reinforce the required learning students do in their school courses while making the experience of studying science stimulating and fun.

Interested postdocs should attend the Double Discovery Center’s info session being held on the CUMC Campus on September 16th at 3PM. Information and registration is below:

**CUMC Campus**
**Date:** September 16, 2016
**Time:** 3:00-4:00PM
**Location:** Hammer 305
[Click to Register]

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**Lamont Postdoc Appreciation Lunch**

Join us for a special catered postdoc appreciation lunch. Enjoy the free lunch and hear about the programs and services provided by the Office of Postdoctoral Affairs (OPA). OPA would like to use this lunch as a sounding board to hear from Lamont-based postdocs on ways OPA can best support them, so if you are a Lamont-based postdoc, do try to stop by and join the discussion.

**Lamont Campus**
**Date:** September 19, 2016
**Time:** 12:00-1:30PM
**Location:** Monell 205
**RSVP:** Email Kuheli Dutt ([kdutt@ldeo.columbia.edu](mailto:kdutt@ldeo.columbia.edu)) to RSVP
Faculty Career Panel for Social Sciences and Humanities Postdocs

A panel focused on faculty careers in the social sciences and humanities will take place on the afternoon of September 20th at Columbia University Morningside Campus. The panel session will feature a diverse group of social science and humanities faculty from Columbia University who will provide career advice to postdocs who plan to pursue faculty careers, including advice on the faculty job search, interviewing, and successfully navigating the transition to faculty life. The panelists will respond to moderated questions in the first half of the event, after which questions from audience members will be addressed. A free lunch will be provided. This session, which is sponsored by the Office of Postdoctoral Affairs (OPA), is the first of two career panels that will be run over the next several months specifically for social science and humanities postdocs, with the next panel session occurring in the spring of 2017 focused on non-academic careers.

The panelists include:

Lena Edlund  
Associate Professor  
Department of Economics

Donald Green  
Professor  
Department of Political Science

Seth Kimmel  
Assistant Professor  
Department of Latin American and Iberian Cultures

Van Tran  
Assistant Professor  
Department of Sociology

Morningside Campus  
Date: September 20, 2016  
Time: 12:15-1:45PM  
Location: Heyman Center 200, Common Room  
Register Here

Dessert Extravaganza

Join us for a special dessert extravaganza with treats like cakes, pies, brownies and cookies! Come enjoy some sugary goodness and meet and mingle with your fellow postdocs. This event is being co-organized with the Engineering School’s Office of Graduate and Postdoctoral Affairs.

Morningside Campus  
Date: September 22, 2016
**Postdoc Happy Hour with CUPS**

Come hang out with some of your fellow postdocs and enjoy a few beers, glasses of wine, and an array of appetizers... on OPA! *Non-alcoholic drinks will also be provided. All postdocs are welcome to attend the happy hour, regardless of their campus affiliation. This happy hour is being co-sponsored by the Columbia University Postdoc Society (CUPS).

**CUMC Campus**
**Date:** September 23, 2016  
**Time:** 5:30-8:00PM  
**Location:** Riverview Lounge (4th floor of Hammer Building)

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**Postdoc Parent Lunch**

Back to "school" lunch for Postdoc Parents and Expectant Postdocs Wednesday, September 28  
Hammer 312 12:00-1:00pm Please join us for lunch and conversation. If you would like to discuss specific topics, please email ep2806@columbia.edu.

**CUMC Campus**  
**Date:** September 28, 2016  
**Time:** 12:00-1:00PM  
**Location:** Hammer Room 312  
**Register Here**

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**Fellowship Talk by Jamie Rubin**

*Funding and Grantsmanship for Postdoctoral Researchers: The Individual Fellowship*

The ability to write successful grant applications for extramural support of research and career development activities is now more important than ever. Postdoctoral fellows and scientists are thus encouraged to gain experience in this critical skill early in their careers. This workshop will address best practices for effective grantsmanship, specifically applied to applications for individual post-doctoral fellowship programs in the biomedical fields. The NIH F32 post-doctoral funding program will be highlighted. Topics covered will include key components of the application; the grant application review process, scoring system, and review criteria; approaches for competitive applications; and common mistakes made by new investigators.  
Jaime S. Rubin, Ph.D., Vice Chair for Investigator Development in the Department of Medicine,
Office of Postdoctoral Affairs

is the founding director of the course, “Funding and Grantsmanship for Research and Career Development Activities”. http://grantscourse.columbia.edu/

CUMC Campus
Date: October 7, 2016
Time: 1:00-2:30PM
Location: Hammer 301

Register Here

2016 Postdoc Research Symposium

Columbia University
Postdoc Research Symposium
Friday, October 14, 2016
Medical Campus, Milstein Heart Conference Center
173 Fort Washington Ave (first floor)

12:30-2:00 PM Elevator Pitch Workshop
2:00-3:30 PM Poster Session I with light refreshments served
3:30-5:00 PM Discussion with Luminaries Keynote Panel

Margaret Geller (Astrophysics)
James E. Hansen (Earth and Environmental Science)
Eric Kandel (Neuroscience and Psychiatry)
Tom Maniatis (Molecular and Cellular Biology)

5:00-6:30 PM Reception and Poster Session II
6:30-7:00 PM Poster Awards and Scott Smemo Memorial Postdoc Service Award Announced

All in the Columbia University research community invited to attend the symposium. Please RSVP using the following link or QR code: http://tinyurl.com/2016PostdocSymposiumRSVP

Postdocs interested in presenting a poster at the symposium (several $500 poster awards to be given out) must submit an abstract by September 30, 2016 through the following link: http://tinyurl.com/2016PostdocSymposiumSubmission

The following information pertains to abstract submitters and poster presenters for the 2016 Columbia University Postdoc Research Symposium taking place from 12:30-7:00 PM on Friday, October 14, 2016. All postdocs (except postdoctoral residency fellows) are eligible to submit an abstract. Associate Research Scientists/Scholars may submit an abstract if they conducted the majority of the research submitted in the abstract while holding a postdoctoral appointment at
Office of Postdoctoral Affairs

Columbia University. Notification of abstract acceptance will occur on a rolling basis beginning in late August. All accepted abstracts will be published in the symposium event book which will be distributed electronically in early October to all individuals that have RSVP’d for the symposium. Please note that abstracts used for prior conferences may be submitted for presentation and posters presented at prior conferences may be presented at the Postdoc Symposium. Poster display boards will accommodate posters as wide as 6 feet and as tall as 4 feet. After submitting, if you wish to withdraw your abstract, please do so no later than October 4th by emailing postdocaffairs@columbia.edu.

Fundamentals of the Bioscience Industry Program

The Fundamentals of the Bioscience Industry Program provides participants with the skills and knowledge to transition out of the academic lab and work beyond the bench in such exciting fields as consulting, equity research, and business development. This innovative, one semester evening program is taught by industry professionals through lectures and interactive team projects. From evaluating intellectual property and analyzing competitive landscapes to planning clinical trials and securing financing, students in the Fundamentals program gain practical, first-hand experience in the development of commercialization strategies around real intellectual property and business issues.

The information session will provide an overview of the program curriculum and showcase the career paths program graduates have taken. More information about the program, including cost, can be found at www.fobip.org.

CUMC Campus
Date: October 21, 2016
Time: 5:30-6:30PM
Location: Hammer 305
Register Here

Opportunities in Research for the French Postdoc Community

The French postdoc community is invited to meet with Dr. Mireille Guyader and Dr Minh-Ha Pham from the French embassy (Ambascience-usa). They will present the recent evolution in research in France and career opportunities within research organizations, universities and the new structures financed by the PIA. This presentation will be followed by a Q & A. French postdocs from all departments are invited to attend this beneficial event.

CUMC Campus
Date: October 22, 2016
Time: 10AM - 12PM
Location: Hammer 202A
Register Here
NIH Grants Workshops for Junior Faculty and Postdocs

Sponsored by the Office of Faculty Development (CUMC)

GOAL: To provide guidance on applications for NIH career development (K awards) and crafting effective specific aims

OBJECTIVES: By the completion of this session, participants will be able to:
• Choose the appropriate type of career development or training award for their career stage and situation
• Complete and submit an application for a NIH career development award using strategies for a successful grant proposal
• Write an effective specific aims page

You may attend one or all four of the sessions. **Registration for each session is required.** Registration links will be sent out in early October in the weekly digest

“Navigating NIH: an overview of NIH and the grant review process”
Date: October 24, 2016
Time: 9:30 am – 11:00 am
Location: College of Physicians and Surgeons, Amp 1 (first floor, 630 W 168th St.)

“Know your K (K01, K08, K23 Awards)”
Date: October 24, 2016
Time: 11:00 – 12:00 pm
Location: College of Physicians and Surgeons, Amp 1 (first floor, 630 W 168th St.)

“Know your Kangaroo: Pathway to Independence K99/R00”
Date: October 24, 2016
Time: 1:00 – 2:00 pm
Location: College of Physicians and Surgeons, Amp 1 (first floor, 630 W 168th St.)

“Writing Effective Specific Aims”
Date: October 24, 2016
Time: 2:00 pm – 4:00 pm
Location: College of Physicians and Surgeons, Amp 1 (first floor, 630 W 168th St.)

SPEAKERS:
Joan M. Lakoski, PhD
American Association of Colleges of Pharmacy
JLakoski@aacp.org

Robert J. Milner, PhD
University of Massachusetts Medical School
robert.milner@umassmed.edu
Office of Postdoctoral Affairs

Sci-PhD Industry Career Prep Full Day Workshop

Are you interested in a career in the BioPharma industry or want to learn more about what a career in this sector could entail? Do you want to build knowledge around personal branding, financial literacy, negotiation, project management, networking, and seeking non-academic jobs? If so, then plan on attending this special one day workshop – space is very limited. We have hosted SciPhD for half day workshops for each of the last two years and have received rave reviews for these workshops, so you will not want to miss this opportunity.

9:00 AM – 6:00 PM (Breakfast, Lunch, and afternoon coffee/tea/snacks included)

This day long workshop will address the following:

- Defining differences between academic science and the "Business of Science"
- Career opportunities: Kinds of companies and kinds of jobs available for PhDs
- Three critical identities that industry values and requires: Scientific/Technical, Business, and Social
- Building and marketing your personal brand based on your three identities
- Project management skills and translation of these skills into resume and interview preparation
- Financial literacy and salary negotiation
- Building and leveraging your network to identify career opportunities
- Preparing for interviews using your accomplishments that support your targeted resume
- Discussing career plans with faculty mentors

Workshop participants will also gain access to the SciPhD online training program and self-assessment instrument

Space is very limited as there are only 33 spots available for postdocs in this outstanding workshop.

CUMC Campus
Date: November 6, 2016
Time: 9:00AM- 6:00PM
Location: Hammer 401
Register Here

Non-Biopharma Networking Event

The purpose of this event is for Postdocs to meet PhD professionals in a range of career sectors (excluding the BioPharma industry – these will be featured in a subsequent networking event in Spring 2017). Through this event, Postdocs will be exposed to the wide-variety of career opportunities available to them. Professionals in attendance will range from data scientists, consultants, government researchers and professionals, editors and publishers, financial analysts, and technology transfer experts, among others. We hope you will take this opportunity to listen to their experiences, be inspired and mingle with these professionals spanning many different career sectors. Complimentary food and drinks will be served.

CUMC Campus
Date: November 11, 2016
Postdoc Holiday Party

Please join us on Friday, December 16th for our annual postdoc holiday party. There will be appetizers and an open bar for two hours! Last year over 100 postdocs attended this great event, which received tremendous feedback. You’re not going to want to miss out this year, so mark your calendars!

**Date:** Friday, December 16th 2016  
**Time:** 6:00pm—9:00pm  
**Location:** The West End Lounge, 955 West End Avenue (corner of 107th Street and West End Avenue right off Broadway Avenue)  
We will be in the private room to the left of the main bar  
[RSVP Here](#)

Clinical Boot-Camp for Basic Researchers

This four-part seminar series has been organized for postdoctoral basic science researchers interested in learning more about clinical research and what happens once a drug candidate moves out of the discovery stage and into a clinical setting. The seminar series will give basic researchers a greater understanding of the field of clinical research, particularly at Columbia, and aims to better connect basic researchers with clinical researchers. The series is being sponsored by the Office of Postdoctoral Affairs, and is in its second incarnation after a successful first launch in early 2016.

Each seminar will take place on the medical campus. A pizza lunch will be provided at each of the seminars. Registration is **required for each** of the seminars, as space will be limited. Further information about registration, as well as dates/times and room locations for the series will be sent out in early October, with the series tentatively set to run in November through December. The topics to be covered in these seminars include understanding the clinical trial process, clinical trial design, clinical trial operations and cost considerations around genomics testing, as well as precision medicine within oncology.

Wellness and Resiliency Series

OPA is interested in putting together events for the Fall 2016 semester that help support Postdoc Mental Health and Wellness. Events might include yoga classes, self-defense instruction, stress management workshops, just to name a few. In order to organize events on these topics that have the most benefit to you, we would like to hear from you on what types of programming you are interested in and the time that is most convenient for you to participate in these programs. We will use your input to tailor our programming to meet your needs. Our goal is to make these
Affinity Groups

URPostdocs

Established in 2016, Columbia URPostdocs seeks to unite underrepresented (UR) postdocs and individuals who support the cause and inclusion. The mission of the group is to form a cohesive network that will work together to highlight URPostdocs distinct contributions, promote awareness of issues that are important to all URPostdocs and encourage participation and recruitment of new members. The group is committed to advocate and find means to improve recruitment, retention, and mentoring of URPostdocs to aid in the development of successful careers both in academic and non-academic settings. With the same commitment that URPostdocs seeks to educate within the Columbia community, the group also seeks to educate the public through outreach activities. An important goal of the URPostdocs group is to provide a platform for the participating members to develop a variety of skills crucial in any career such as leadership, networking, and communication, among others.

URPostdocs hosts regular meetings (~once every two months), as well as organizes and co-sponsors events. Postdocs interested in joining URPostdocs should email URPostdocs@columbia.edu.

URPostdocs Happy Hour

We would like to invite all underrepresented minority postdoctoral scientists, scholars, and fellows to Marcha Cocina Bar for free drinks at near the CUMC Campus. All postdocs who are interested in the group may attend.

Date: Friday, October 7th  
Time: 6:00-7:30 PM  
Location: Marcha Cocina Bar (Broadway and 171st)  
RSVP Here

PostdoQs

Established in 2016, Columbia PostdoQs is an affinity group for LGBQTIA postdocs and allies. LGBQTIA graduate students are welcome to participate in the group as well. The group’s core values are support, inclusion, education, equality, networking, and creating safe spaces. The group is committed to these core values and to promoting these values at Columbia University. The group hosts regular meetings (~about once every two months) and organizes and co-sponsors events. Postdocs interested in joining PostdoQs should email PostdoQs@columbia.edu.
PostdoQs Happy Hour

We would like to invite all LGBTQIA postdoctoral scientists, scholars, and fellows to another Happy Hour at Marcha Cocina Bar for free drinks at near the CUMC Campus. All postdocs who are interested in the group may attend.

Date: Friday, November 4th  
Time: 6:00-7:30 PM  
Location: Marcha Cocina Bar (Broadway and 171st)  
RSVP Here

OPA Career Counseling Services

OPA provides one-on-one career counseling services for postdocs. These include both resume/CV/cover letter feedback and mock interview appointments, as well as career counseling appointments with both the Director and Assistant Director of the Office of Postdoctoral Affairs. These appointments take place on regularly scheduled days and times and occur on both the CUMC and Morningside Campuses, with remote appointments also possible.

CV/Resume/Cover Letter Feedback or Mock Interview with Rory Flinn or Ericka Peterson  
30 minute sessions - Both CUMC and Morningside Campuses

Career Counseling Appointments with Rory Flinn or Ericka Peterson  
45 minute meetings - Both CUMC and Morningside Campuses

Schedule all appointments here:  
https://cu-postdoc-career-counseling.acuitiescheduling.com/

Columbia University Postdoctoral Society (CUPS)

Columbia University Postdoctoral Society (CUPS) is a society run by postdocs for postdocs.

The mission of the Columbia University Postdoc Society (CUPS) is to facilitate a constructive and positive experience for postdocs that will benefit postdoctoral professionals and Columbia University. CUPS represents all postdocs in the Columbia community and welcomes any postdoc to join their activities.

CUPS holds meetings the third Tuesday of every month on both the Morningside and CUMC campuses. They also run a variety of postdoc events throughout the year such as workshops,
panel sessions, outings, and happy hours. CUPS events are advertised within our Weekly Digest, as well as on their Facebook and Twitter pages:

Click to connect with CUPS on Facebook

Click to connect with CUPS on Twitter

Are you interested in representing your fellow postdocs and gaining leadership experience? CUPS is looking for motivated individuals, with a desire to help lead the development of this young organization!

Committee Positions Available: Community Building (e.g. networking, social hours.), Research and Professional Development (e.g. lunch talks, career building events), Outreach and Communication (e.g. newsletter, website, information events for new postdocs).

Please email the CUPS executive leadership (Cups_Executive@columbia.edu) with your request to join. As a token of appreciation for serving on the postdoc councils; Postdoc council members receive an annual membership to the New York Academy of Sciences (NYAS).